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See p2

Borough commander's promise to criminal fraternity...

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POLICE swooped on locations across the borough on Wednesday as part of a crackdown on criminality.

Barking and Dagenham Police officers were joined by specialist units to carry out arrests, search warrants and licensing enforcement as part of Operation Big Wing.

Senior officers described the one-day raids as the 'most wide ranging' to date.

Barking and Dagenham Police Borough Commander Andy Ewing had issued a warning to criminals on the eve of the campaign.

He said: "To those who victimise the people of Barking and Dagenham, you will see my officers soon."

Officers carried out street briefings and police surgeries throughout the day to inform the public on what was being done to tackle crime and disorder.

Among the most high profile arrests were those wanted on warrant, gang members, burglars and domestic violence suspects.

Commander Ewing added: "Through Operation Big Wing we are sending a strong message that crime is not tolerated in Barking and Dagenham and I ask the community to join with us by continuing to provide information about crime and criminals in your area."

He appealed for more people to come forward to help officers.

"Tell us, we will listen and we will take action," he said.

Chief Supt Simon Letchford of the Met's Territorial Policing Command said the operation was about showing local people that officers were listening to their concerns.

He added: "We are here to serve the public, and we hope today's activity will be one way of showing some of what we do every day to make London safer for our communities."

CRACKDOWN: Barking and Dagenham Police Borough Commander Andy Ewing

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INSIDE this week

Show promises to be bigger and better

page 12

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Competition

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Lines close on Thursday, March 7, 2013. Entries received after the closing date will not be counted but may still be charged.

Terms & Conditions

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Children's artwork to go on display

YOUNG children will have their artwork displayed In Redbridge Central Library until May.

The West Ilford Betterment Partnership brought together artists and religious leaders to work with youngsters on Monday.

Organiser Wilson Chowdhry, Chairman of the British Pakistani Christian Association, said: "We were really pleased that despite the cold weather children from all over Clementswood and Loxford ward took part in our workshops.

"Participants gelled well and were very eager to learn about other faiths, much of this was due to the engaging manner in which our guest speakers described the precepts of their faiths. The artwork produced was impressive to say the least and is well worth a trip to Central Library."

In total 42 Children aged between 5 and 11 enjoyed learning about the historic art of mosaics.

Hannah Chowdhry, 9, said; "When I started I thought it was going to be difficult, but the teacher made it very easy for us to create our images."

ART: Youngsters at The West Ilford Betterment Partnership

Diabetes rates set to soar

DIABETES is predicted to rise by 50 per cent in Barking and Dagenham in the next 20 years because of increased obesity.

Latest research shows the borough already has one of the highest rates in Britain, but that is about to boom.

Now two of the borough's top officials have been called to a meeting of Barking and Dagenham Council's health and adult services select committee on March 6, to explain how the problem can be eased.

A report due to be presented at the meeting concludes: "Sources indicate that diabetes is expected to increase by about 50 per cent over the next twenty years in Barking and Dagenham as related conditions such as obesity continue to rise."

The Joint Strategic Needs Assessment (JSNA) estimated that at least 1,642 people remained undetected as having the condition as of November 2012.

Councillor Maureen Worby, Cabinet Member for Health and the Chair of the Health and Wellbeing Board and Dr Waseem Mohi, Chair of the Barking and Dagenham Clinical Commissioning Group (CCG), have been invited to speak. They aim to explain why the rate in Barking and Dagenham was 2.1 per cent per 100 on the diabetes register, in comparison to 1.6 per cent nationally and in London.

In 2010/11 the costs for anti-diabetes items (per diabetic patient) was found to be higher than any other Outer North East London (ONEL) Borough.

The committee is particularly concerned that residents may not be managing their condition as effectively as they could be.

Although poor diet is key to the rise, NHS managers criticised GPs and other professionals not reinforcing the importance of the Health Checks and actively encouraging patients to have their annual check up.

Members also found that although an excellent level of support was given through the Barking and Dagenham Diabetes Support Group, this was aimed at older people who lived with type 2 diabetes and that there was not a support group within the Borough which gave help to younger people.

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Council gets tough on dog owners

A CRACKDOWN on dangerous dogs could see two parks in the borough made canine-free zones.

Waltham Forest Council said it will consult on introducing its plans to make the borough's parks and open spaces 'more pleasant and safe'.

The parks affected are Thomas Gamuel Park, off Boundary Road, and Lloyd Park, Forest Road, E17, although many more will be designated for dogs on leads only.

Deputy council leader Clyde Loakes said: "We're consulting residents on whether to put in place new orders that mean dogs must be kept on leads in a number of parks and open spaces and excluding dogs from other areas altogether.

"We've listened to park users, reviewed information gathered by our Dog Enforcement Team, and assessed problems reported to the council around anti-social behaviour demonstrated by irresponsible dog owners."

The dog crackdown will also see proposed introduction of control orders that reduce the maximum number of dogs that a person can walk at one time from six dogs to four. It will also become an offence for a owners not to pick up after their fouling dogs at burial sites, cemeteries and all public car-parks.

The following areas are proposed to be added to the schedule for areas where dogs must be kept on leads:

- Higham Hill Recreation Ground, Sutton Road, E17
- Jubilee Park, Marsh Lane E10
- Kitchener Road Park, Kitchener Road, E17
- Langthorne Park, Birch Grove, E11
- Lloyd Park Forest Road, E17
- Ridgeway Park, The Ridgeway, Old Church Road, E4
- St James Park, Essex Road E17
- All cemeteries and public car-parks.

The enforcement team has vowed to continue pursuing offenders through the courts, with action against two dog owners in the last week.

Ben Norton, 37, of Farmer Road, Leyton, pleaded guilty at Thames Magistrates Court, on February 19 to allowing his dog to be dangerously out of control in Forest Road.

He was ordered to pay £950 in costs and was issued with a Dog Control Order, requiring him to walk his dog on a harness, muzzle and lead at all times in a public place.

The next day the Dog Enforcement Team joined police in a raid at an address in Grove Road, Walthamstow. An allegedly banned breed of dog was discovered at the address and seized.

Cllr Loakes added: "Yet again we have shown that we will not tolerate people who keep banned breeds or allow their dogs to be out of control in this borough.

"In Waltham Forest we have one of the largest Dog Enforcement Teams in the capital and are the only borough to actively enforce the Dangerous Dogs Act. If you have a pit bull type dog or allow your dog to be dangerously out of control in this borough you'll quite simply find yourself explaining your actions in court."

The news comes just weeks after two other cases were heard in court resulting in one defendant being subjected to a ten month Supervision Requirement Community Order and ordered to pay £700 compensation to the victim.

The other led to the issuing of another Dog Control Order along with a bill for costs totalling £1,500.

What do you think? Write to Yellow Advertiser, Acorn House, Great Oaks, Basildon, Essex, SS14 1AH, or e-mail letters@yellowad.co.uk

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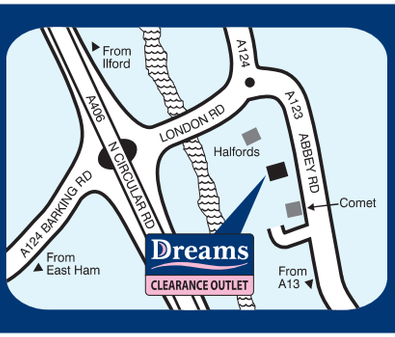

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PEOPLE will be fined for spitting and urinating in the street.

"It's horrible to witness and leaves an unsanitary mess on our paths and pavements," said Councillor Clyde Loakes, Deputy Leader and Cabinet Member for Environment.

"Why people think it is acceptable to indulge in what must be the most anti-social of all behaviours is a mystery to all right-minded people, but the fact is they do.

"Anecdotally we know that there are some problems, and obviously in areas with a night-time economy drinkers can sometimes relieve themselves in alleyways and the like."

The Council carried out a number of focus group sessions with residents to gauge how they felt about where they lived. Interviews with residents proved conclusive.

Cllr Loakes added: "As I say, I don't believe the vast majority of people need telling that it is wholly disgusting and entirely inappropriate in a public place, but patently there are some who require a form of sanction to bring them in line with the expected behaviour of everyone in our community.

"This move sends out an unequivocal message to those people who spit or treat our streets like a toilet – you will be issued with a fine and you will find it the most expensive penny you have ever spent."

Council Enforcement Officers will have to power to issue FPNs of £80 to anyone they spot spitting or urinating in the street.

CONCERNS: Patricia Brannagan and Doreen Woods fear residents have nowhere to urinate in Chingford.
Picture by Roy Tillett

Loo campaigners Doreen Woods and Patricia Brannagan claim residents sometimes get caught short because Waltham Forest Council closed amenities in the area three years ago.

Mrs Woods, of Warwick Road, Chingford, said: "When young children need to go they can't wait and when you have no public toilets and businesses who don't want people using there amenities, then there are two options drive home, which is unrealistic, or go in public.

"Of course, urinating in public is disgusting but there will be times when someone has genuinely done all they can to find a toilet without any luck.

"The council has created this problem by taking our public toilets away."

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Psychic to the stars to make stage debut

PSYCHIC to the stars Donna Murrell will be making her UK stage debut in Ilford.

Donna, who has a number of private celebrity clients, had up until now, been hosting house parties and giving readings to friends and family.

Donna said: "The limited number of shows that I have been doing have proved so popular that I decided it was time for a theatre tour. I have had such positive feedback from people who have attended my events that I am really looking forward to visiting the Kenneth Moore theatre next month."

Donna said she always had a rare gift, but wanted to ignore it.

Donna's paternal grandmother Freda Elizabeth French was a spiritualist and healer who was very well known in Hullbridge.

Donna said: "My grandmother helped me understand that I had a sixth sense and I began attending spiritualist churches and sitting in circles to develop my skills but then as I got older I wanted to be a nurse and for a while I did work in a care home as I love the elderly.

Donna will be at the Kenneth Moore Theatre on Wednesday April 3, call 020 8553 4466 or visit *www.kmtheatre.co.ukfor details*

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Standard price for a Gold Valet is £12-£17 and for a Platinum Valet is £20-£30.

Toyota training school

ONE of Britain's most successful car companies is setting up a training school for engineers in Havering.

The UK arm of Toyota and luxury car maker Lexus is setting up the centre at the Centre of Engineering and Manufacturing Excellence (CEME) workshop in Marsh Way, Rainham.

The rookie technician programme will move from its current base in Surrey to east London on a five year contract and it will open on April 1.

CEME CEO Bill Williams, said: "We are delighted to welcome Toyota/Lexus to the CEME campus. We have state of the art workshop, classroom and support facilities for training technicians on the very latest vehicles.

"We are providing Toyota with everything they need in a tailor made package all under one roof.

"The arrival of a company like Toyota/Lexus, who are at the forefront of automotive technology, also sits very well with the reputation CEME is developing as a centre of new technology and innovative engineering."

The Japanese owned giant will be taking over offices, classrooms, and an extensive section of the workshop floor at the CEME technology campus .

The training base will provide space for twelve cars to be worked on simultaneously.

The facility will be used to train technicians from Toyota garages from all over the south of England and as far afield as the Isle of Man.

The new CEME base will be used to train specialists on all the current and future models of Toyota and Lexus, including hybrid and electric vehicles.

For more news, sport and features, visit www.yellowad.co.uk

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Cream of the Cotswolds
Departs 8, 15 Apr & 30 Sep 2013
Treat yourself to this five day break. Stay in a comfortable hotel with leisure facilities and enjoy the scenery and honey-coloured stone villages of the Cotswolds. Explore the Tuesday market at Moreton-in-Marsh, visit Broadway, the 'jewel of the Cotswolds', browse the antique shops in famous Stow on the Wold plus lots more!
Price includes
- Return coach travel from your local area
- Four nights' dinner, bed and English breakfast accommodation at the Holiday Inn, Great Barr (or similar)
- Three full day excursions including two tours of the Cotswolds and visits to Stratford, Warwick and Cheltenham
- The services of a Tour Manager

Monet's Garden, Rouen & Paris
Departs 26 Jul & 4 Oct 2013
A visit to French Impressionist Claude Monet's former house and beautiful gardens in the charming village of Giverny, is the highlight of this great-value weekend. The house is now a museum where reproductions of the artist's paintings are displayed.
Price includes
- Return coach travel
- Return Channel crossings via ferry/Eurotunnel
- Three nights' bed and continental breakfast accommodation at the three-star Best Western Maurepas Hotel, St. Quentin (or similar) on the outskirts of Paris
- A visit to Paris and Rouen
- A visit to Giverny, including admission to Monet's House and Gardens
- The services of a Tour Manager

Eden & the Lost Gardens of Heligan
Departs 17 May, 6 Sep & 11 Oct 2013
Explore the unique, ever-changing, ever-growing Eden Project with its iconic 'biomes' housing exotic flora from around the world, marvel at the breathtaking lost acres of Heligan, re-discovered after 70 years of neglect and stay in beautiful coastal Torbay.
Price includes
- Return coach travel from the local area
- Three nights' dinner, bed and English breakfast accommodation in a comfortable hotel in Torbay
- Entrance to The Eden Project and the Lost Gardens of Heligan
- Visit to Clark's Shopping Village in Street
- Entertainment on at least one evening
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Air show promises to reach new heights

THOUSANDS of people are expected to flock to the military and flying machines show this year.

The show, set in Damyns Hall airfields, Upminster will be bigger than ever this year, as it has been extended from two to three days.

Organisers advise people to get tickets early as the show now attracts more than 10,000 visitors and more are expected this year.

The weekend kicks off on Friday August 2 for the brand new preview day.

This gives local people the opportunity for a sneaky preview of all the goodies on display.

The show moves into full swing on Saturday August 3 and Sunday August 4 with aerial displays returning to the skies.

There will be day arena activities with lots of action and big bangs and fantastic live entertainment, living history displays, military and classic vehicles, kids entertainment, vintage funfair and militaria and vintage stalls.

For tickets visit *www.militaryandflyingmachines.org.uk*

ACTION: There will be lots on display at the military and flying machines show

What do you think? Write to Readers' Letters, Yellow Advertiser, Acorn House, Great Oaks, Basildon, Essex, SS14 1AH, or e-mail letters@yellowad.co.uk

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BODGERS OF ILFORD

£3,000,000 TOTAL STOCK DISPOSAL

GRAND SALE!

MUST END 5PM THIS SUNDAY

All clearance goods have been transferred from the warehouse to the shopfloor.
Final price reductions have been made in every department

FINAL WEEKEND! FINAL REDUCTIONS!

ALL CLEARANCE GOODS MUST BE SOLD BY 5PM SUNDAY 3RD MARCH

UP TO **80% OFF**

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'Monza'
2 seater sofa and chair in luxury Italian leather
WAS £3098
NOW £999

DUNLOPILLO
'Ruby'
Kingsize divan set with top quality latex-core mattress
RRP £2699
NOW £599

BUOYANT
'Berrington'
3 Seater sofabed with spring-action in quality fabric
WAS £1649
NOW £699

NIMBUS
100% cotton percale flat sheets

SINGLE	DOUBLE	KING
WAS £22	WAS £24	WAS £26
NOW £7	NOW £9	NOW £10

CHRISTY
Towels
RRP £28 NOW £12
RRP £42 NOW £19

DORMA
'Rose Print'
Bedspread double / kingsize
RRP £180 NOW £55

NIMBUS
Pillow with new white duck feather filling
RRP £21 NOW £10

DORMA
'Rose Print'
double quilt set in 100% percale cotton
RRP £110 NOW £35

ORIGIN RED
'Chesterfield'
Dining table and 4 chairs - table extends 90cm - 180cm
WAS £827
NOW £399

JUDGE
'Vista'
5 piece deep pan set in 18/10 stainless steel suitable for all hob types. Lifetime guarantee.
RRP £210
NOW £95

STELLAR
'Rochester'
44 piece cutlery set in 18/10 stainless steel with lifetime guarantee
RRP £260
NOW £79

HEALTH BEDS
'Topaz 1000'
Kingsize divan set with 4 drawers and 1000 pocket sprung mattress
RRP £1099
NOW £499

UNIQUE FURNITURE 'Royal Oak'
Lamp table with drawer in solid oak
WAS £249 NOW £69

FIRST AVENUE
Assorted brushed cotton sheets
Single WAS £16 NOW £6
Double WAS £20 NOW £7

MAJESTIC BY LAWRENCE
Hand-cut crystal glasses
RRP £15 NOW £4.95

VAX
'Power Midi'
2000W vacuum cleaner with Hepa filter
RRP £99.99 NOW £44.99

SPODE
Beautiful fine china
up to **80% OFF!**
e.g. Dinner plate RRP £35
NOW £8.95

JULIAN BOWEN
'Stockholm'
Tall bedroom chest with 6 drawers, gloss fronted
WAS £279
NOW £99

BEHRENS 'New England'
Duvet cover & pillowcase set

SINGLE	DOUBLE	KING
WAS £60	WAS £80	WAS £90
NOW £27	NOW £36	NOW £40

RUSSELL HOBBS
Mini-food processor with easy one-touch operation suitable for all foods
RRP £44.99
NOW £19.99

HENLEY
Pair of luxury curtains fully lined. 66cm x 90cm drop
WAS £180 NOW £80

PYREX
Food warmer with stainless steel frame
WAS £50 NOW £14.99

SABATIER
5 piece knife block set with high carbon steel blades
RRP £150 NOW £59

GUILDCREST
16 piece dinner set in fine porcelain. Dishwasher safe.
WAS £136 NOW £35

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ilford

1-12 STATION ROAD, ILFORD IG1 4DP
TELEPHONE: 020 8478 0116

FINAL EVENT HOURS:
Thursday / Friday 9:30am-6pm / Saturday 9am-6pm / Sunday 11am-5pm
Ample Local Parking Opposite Ilford Station

TURN THE PAGE FOR MORE GREAT OFFERS IN FASHION, BEAUTY, MENSWEAR, ACCESSORIES, LUGGAGE AND MORE.....

All offers correct at time of going to press & subject to availability. Illustrations representative only. E & OE.© GR 2013

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ALEXON
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with cowel neck
in quality wool blend
WAS £110
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EASTEX
Ladies tailored jacket
in classic style
suitable as business wear
WAS £139
NOW £30

GATE ONE
'Mens Jacket'
Casual style in
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DAVID JONES
Ladies shoulder bag
with adjustable strap
RRP £29.99 **NOW £10**

KANGOL
Trilby style hat
with decorating ribbon
WAS £109 **NOW £4**

DASH
Ladies trousers
classic style with wide leg
WAS £50 **NOW £15**

LADIES DESIGNER SANDALS
Leading brands including:
Fitflop, DKNY & Esprit
50% OFF!

ANTLER
'Revelation'
75cm expanding trolley case
with security lock
WAS £130
NOW £52

THIRD REPUBLIC
'Mens casual jacket'
Zip fronted in wool blend
WAS £70
NOW £25

SAMSONITE
'American Tourister'
Large trolley case
WAS £150
NOW £70

LEPEL
Padded bra
with lace detail
WAS £25 **NOW £12.50**

SKYFLITE 'Transit'
57cm trolley case
with 37 litre capacity
WAS £75 **NOW £29**

ENVY
Ladies clutch bag
with wooden bead straps
WAS £20 **NOW £5**

DASH
Ladies casual jacket
in suede
WAS £150 **NOW £45**

ANNE HARVEY
'Maxi Dress'
In floral print fabric
WAS £90
NOW £35

ALEXON
Ladies Long Coat
Tweed style
in wool blend
WAS £200
NOW £60

ESPRIT MENS CASUAL JACKETS
in 100% cotton
50% OFF!

POLICE
'Passion fragrance'
50ml eau de toilette spray
RRP £25
NOW £8.95

EASTEX
Ladies dress
in floral chiffon fabric
WAS £109 **NOW £25**

BROOK TAVERNER
Mens jeans
assorted sizes
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what's on

To have your event considered for publication, send the details AT LEAST 14 DAYS before the issue date to: What's On, Yellow Advertiser, Acorn House, Great Oaks, Basildon, SS14 1AH. You can e-mail us at: letters@yellowad.co.uk

PLEASE NOTE: We cannot guarantee that all entries will be included. However, you can add the details of your event to our website at www.yellowad.co.uk

Saturday, March 2

■ Table Top Sales – Saturdays at St Paul's Community Centre, Barley Lane, Goodmayes, IG3 8XE, books, clothes, dvds and much more, refreshments, free admission, 10am-1pm, cost per table starts from £8, to book call 07453 782726, allocated on a first come first served basis.
■ Tennis - Small friendly Tennis Club in Ilford, we play throughout the year, (Sat afternoons, Sun mornings and three weekday afternoons), low fees, over 50s welcome, details Tom 020 8593 4365 or John 020 8592 1609.

Sunday, March 3

■ Walk - Ilford and District CHA Rambling Club, meet 10.30am cafe in Hainault Country Park, 5/6 mile trek to Lambourne End Church. 020 8926 4593.
■ Gingerbread Fun at The Mansion, Valentines Mansion, Emerson Road, Ilford, 1.30-3pm, all welcome, £3.50 per child, pay on day, no need to book.
■ Sunday Service - Lighthouse Chapel International Church, Outset Centre, Frederick Street, Walthamstow, 11am-1pm. 07974 108350.
■ Sunday Services, Kings Road Baptist Church, Chingford (junction of Kings Road and Scholars Road), 11am and 6.30pm.
■ Sunday Services - Higher Life Christian Centre, Forest YMCA, 642 Forest Road, Walthamstow, 10am-noon.
■ All Age Morning Service - Ridgeway Evangelical Church, The Ridgeway, Chingford, every Sunday 11am, further details Pastor, Paul John 020 8524 1410.
■ Celebration - Eastern Avenue Baptist Church, East Road, Chadwell Heath, every Sunday 10.30am, all welcome. 020 8599 1479.

Monday, March 4

■ Meeting - Barking and District Historical Society, Harp House, 16 Helmore Road (off Goodey Road), Barking, 7.45pm, talk by Janet Seward 'River Roding: the Essex river', further details 020 8597 7210 or e-mail barkinghistorical@hotmail.com
■ Rehearsals - Redbridge Ladies Choir, Palmer Catholic Academy, Seven Kings, Mondays 7.45-9.15pm, new members very welcome. 020 8550 8677.
■ Rehearsal - The Roding Players Orchestra, Roding Valley High School, Alderton Hill, Loughton (opposite the Underground Station), every Monday, 7.15pm, new members welcome. 020 8505 4329.
■ Forest Highlanders - The Forest Highlanders Pipes and Drums, St Cedds Church, Seven Kings, every Monday 8pm.
■ Chingford and Walthamstow Chess Club - Priory Court Community Centre, every Monday 7.30pm, Tony 020 8524 0827.
■ Bingo - Friday Hill Community Association, Coney Burrows Community Hall, Friday Hill, E4, every Monday and Wednesday 1.30pm.
■ Multi-denominational Healing - Redbridge Healing Centre, IRDSA Hall, Craven Gardens, Barkingside (next to public car park, Fullwell Cross roundabout), Mondays (except Bank Holidays), 7-9pm, no charge, free donations welcome. 020 8550 5650.
■ Yoga Classes - The Peterhouse Centre, Walthamstow, Mondays 1-3pm and at Tiptree Community Hall, Barkingside, 7.30-9.30pm, call Kay Russell 020 8554 7168.

Tuesday, March 5

■ Rhymes and Songs for under 5s – Valentines Mansion and Gardens, Emerson Road, Ilford, 11-11.30am, bring your favourite toy, free, enquiries 020 8708 8100.
■ Exhibition-Great Gardens – Redbridge Museum, 1st Floor Exhibition Area, Redbridge Central Library, Clements Road, Ilford, showing to June 22, Tues-Fri 10am-5pm, Sat 10am-4pm, free admission.

■ Meeting, Diabetes UK Ilford and District Diabetic Club - The Drawing Room, Valentines Mansion, Valentines Park, Ilford, 7.45pm, first Tuesday each month. 020 8500 9721.
■ Meeting - Leyton and Wanstead Flower Club, Wanstead Quaker Meeting House, Bush Road, Wanstead, doors open 7.15pm for 7.45pm start, first Tuesday of the month, visitors 4, new members welcome. 020 8524 6526.
■ Gale Singers Ladies Choir - Hatfield Community Centre, Hatfield Road, off Hedgemans Road, every Tuesday 10-11am, details Janet 020 8592 2270.
■ Stroke Club - Parkside Stroke Club, Parkside Community Centre, Goodmayes Lane, Tuesdays 1.30-4pm. 020 8595 3973.
■ St Francis Mother and Toddler Club - Evangelical Church, Fencepiece Road, Barkingside, Tuesdays 1.30-3pm (term time), adults £1, children free.
■ Duckling Club - Parent and Toddler Group, Ley Street Chapel, 367 Ley Street, Ilford, Tuesdays 10am-noon. 020 8514 1255.
■ Line Dancing - Walthamstow Trades Hall, every Tuesday Intermediate 8-11pm. 07968 036373.
■ Circle Dancing - King Solomon High School, Barkingside, Tuesdays 8-10.30pm, (during term time), no partners necessary, details 07956 592938.
■ Square Dancing - American Square Dance Club, Fulwell Cross Library, Barkingside, Tuesdays 8-10.30pm, beginners welcome.
■ Tea Dance - Woodward Hall, Woodward Road, Dagenham, mainly Ballroom and Latin American, Tuesdays 2-4pm. 020 8592 8402.
■ Folk Dance - Redbridge Folk Dance Group, King Solomon High School, Forest Road, Barkingside, Tuesdays 8-10pm. 020 8559 8505 (eve).

Wednesday, March 6

■ Walk – West Essex Ramblers, meet 11am, Rotherhithe overground station, 4 miles, route includes Mayflower's departure and great views over east London and Greenland Dock.
■ Wings for Women Support Group - For women who have experienced Domestic Violence or Abuse, Wednesdays 6.30-8.30pm, 0208 556 7111 or 020 8923 7498.
■ Meeting - Talking Hands, a friendly Club for the Deaf and Hard of Hearing, Wednesdays 10.45am-2.45pm, York Room, Ilford Library.
■ Keep Fit for over 50s - Debden Park Community Association Hall, Willingale Road, Wednesdays 10.30am. 020 8508 3346.

Thursday, March 7

■ Circle Dancing to World Music - Quaker Meeting House, 1a Jewel Road, Walthamstow, 2-4pm, £4 including refreshments, beginners welcome, no partner needed, Pat 020 8556 3508.
■ Meeting - Ilford Centre Townswomen's Guild, St Alban's Church Hall, Albert Road, Ilford, 2-4pm.
■ Indoor Short Mat Bowling Group - Buckhurst Hill Baptist Church, Palmerston Road, Buckhurst Hill, Thursdays 8-10pm, facilities for disabled players, call Ken 020 8504 9044.
■ Evening of Clairvoyance - Friends of Light and Healing, Kingsley Hall, Kingsley Road (Debden) Loughton, every Thursday 8pm.
■ Church Service with Clairvoyance - Barkingside Christian Spiritualist Church, IRDSA Hall, Craven Gardens, Barkingside, every Thursday 2.30pm and every Sunday 6.30pm, free admission. 07930 231189.
■ Spiritual Healing - Wanstead Library, Churchill Room, Spratt Hall Road, Wanstead, Thursdays 6-7.45pm.
■ Dance - The Roding Reelers, St John's Church Hall, Buckhurst Hill, social dancing with a Scottish slant, every Thursday 7.45pm, first visit free. 07710 854267.
■ Cheeky Monkeys Playgroup - St John's Church Hall, Leytonstone, every Thursday 10am-noon, toys, crafts, singing. 07740 586926.
■ Exercise and Movement Class - Barkingside Methodist Church, Freemantle Road, Barkingside, Thursdays 2-3.15pm. 020 8527 1247.
■ Fitness for Fun - Kelmscott Leisure Centre, Markhouse Road, E17, Thursdays 8-9pm, play team sports, all ages and abilities, first session free. 020 8521 3765.
■ American Square Dancing Club - St Andrew's Church, St Andrew's Road, (off Higham Hill Road), Walthamstow, every Thursday 8-10pm. 020 8529 7328.

Friday, March 8

■ Friendly Club - Pensioners Club at United Services Club, Blake Avenue, Barking, Fridays 12.30pm-3pm, all pensioners welcome. 020 8517 6256.
■ Meeting - Redbridge 18 Plus, York Room, Ilford Central Library, Clements Road, Ilford, Fridays for 18 to 36 year olds, sports and social club.
■ Pipes and Drums - Waltham Forest Pipe Band, Royal British Legion, 31 Dunton Road, Leyton, pipers, drummers and learners welcome, Fridays 8pm. 020 8520 1727.
■ Yoga - Faircross Community Centre, Hurstbourne Gardens, Barking, 2-3.30pm, further details Jean 07946 215996/020 8591 5830.
■ Flamenco Dancing Classes - Scout Hall, 1 Stephenson Road, E17, Fridays 9.45-10.45am, beginners welcome, (term time). 07804 879294.
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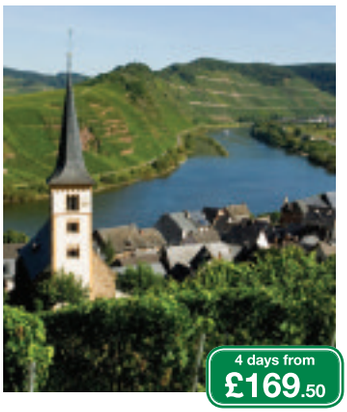
COACH HOLIDAY

YellowAdvertiser — Newmarket Holidays



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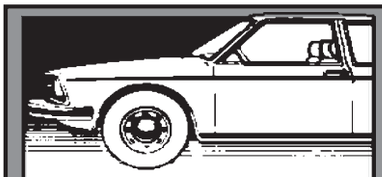

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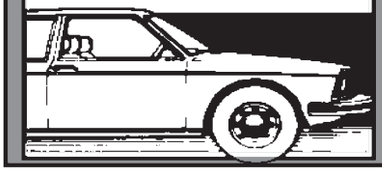

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Owners or occupiers of land (including buildings) near the operating centre who believe, that their use or enjoyment of that land would be affected, should make written representations to the Traffic Commissioner at South Eastern & Metropolitan Traffic Area, Applications Services, Hillcrest House, 386 Harehills Lane, Leeds LS9 6NF, stating their reasons within 21 days of this Notice. Representors must at the same time send a copy of their representations to the applicant at the address given at the top of this Notice. A Guide to Making Representations is available from the Traffic Commissioner's Office.

To advertise in the Classified section of this paper call now on
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MAUREEN ANN CLARK Deceased

Pursuant to the Trustee Act 1925 any persons having a claim or an interest in the Estate of the aforementioned deceased, late of 228 Oaks Lane, Ilford, Essex, who died on 28/12/2012, are required to send particulars thereof in writing to the undermentioned on or before 02/05/2013, after which date the Estate will be distributed having regard only to claims and interests of which they have had notice.

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Public Notices

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) REGULATIONS 1990
NOTICE UNDER REGULATION
TOWN AND COUNTRY PLANNING (GENERAL DEVELOPMENT PROCEDURE) ORDER 1995
NOTICE UNDER ARTICLE 8

The following developments affect the character or appearance of the relevant conservation area:

0333/13 Applicant: Mr. L Rudolf **Address:** 66, Herongate Road, Wanstead, E12 5EQ **Description:** Loft conversion with two rear dormers and alterations to fenestrations on existing rear extension (Summary) **Aldersbrook Conservation Area**

0227/13 Applicant: Mr. L Royston **Address:** 30, Regents Drive, Woodford Green, IG8 8RZ **Description:** Single storey rear extension with lantern roof light. Conversion of garage into habitable room and single storey side/rear extension **Claybury Conservation Area**

2505/12 Applicant: Mr. M Komorowski **Address:** 121, Levett Gardens, Ilford, IG3 9BX **Description:** Alterations to existing single storey extension. Retention of paved area to front garden (Summary) **Mayfield Conservation Area**

0214/13 Applicant: Mr. M Faraz **Address:** 40, Parkway, Seven Kings, Ilford, IG3 9HU **Description:** Demolish existing rear extension. Single storey rear extension **Mayfield Conservation Area**

0218/13 Applicant: Mrs. Charlotte Pender **Address:** 41, Grove Park, Wanstead, E11 2DN **Description:** Demolish existing two storey rear extension and conservatories. Single storey rear extensions **Wanstead Grove Conservation Area**

2686/12 Applicant: Mr. C Hurd, The Wanstead Sports Ground Ltd **Address:** Wanstead Cricket Club, Overton Drive, Wanstead, E11 2LW **Description:** Resurfacing of existing car park **Wanstead Park Conservation Area**

0284/13 Applicant: Mr. O'Keefe - Children Services, LBR **Address:** Uphall Primary School, Uphall Road, Ilford, IG1 2JD **Description:** Remodelling of existing ground floor classroom and installation of a new door on the eastern elevation of school building to provide direct playground access.

0285/13 Applicant: Mr. J. O'Keefe - Children Services, LBR - **Address:** Uphall Primary School, Uphall Road, Ilford, IG1 2JD **Description:** Remodelling of existing ground floor classroom and installation of a new door on the eastern elevation of school building to provide direct playground access. LISTED BUILDING CONSENT SOUGHT UNDER APP. NO:0284/13

0281/13 Applicant: Mr. J. O'Keefe **Address:** Uphall Primary School, Uphall Road, Ilford, IG1 2JD **Description:** Demolish existing pavilion. Three storey extension to south side of main building. Provision of multi use games area within playing fields. (Summary).

0374/13 Applicant: Mr. J. O'Keefe, Childrens Services - LBR **Address:** Mayespark Primary School, Goodmayes Lane, Ilford, IG3 9PX **Description:** Variation of approved planning permission 2171/12 (Condition 7): BREEAM rating to be reduced from 'Excellent' to 'Very Good'.

Applications can be inspected at the Council's First Stop Shop on the ground floor of Lynton House, 255-259 High Road, Ilford, Essex IG1 1NN until 21 days from the date of this notice between the hours of 8.30am and 4.30pm Mondays to Fridays and 9.30am to 4.30pm Wednesdays. If you require information contact the planning Services on 020 8708 2053. Representations should be made in writing to Planning Services within 21 days of the date of this notice. Fiona Dunning – Head of Development Management. 28th February 2013. **DM No. 80102805.**

PUBLIC NOTICE

Woollens are now in receipt of an offer for the sum of **£155,000** for **595 Heathway, Dagenham, RM9 5AZ**. Anyone wishing to place an offer on this property should contact **Woollens, 293 Heathway, Dagenham, Essex, RM9 5AQ, 020 8592 1038** before exchange of contracts.

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DANSK DESIGN two seater brown leather sofa, plus three seater, gc, £75. TV MEDIA UNIT, black glass, silver legs, floating shelf, height 52cm x depth 42cm x width 100cm, exe cond, £20. Tel: Southend 01702 600961

BINOCULARS super zenith, high quality, 10 x 50 field or coastal, new, £45. BEDSIDE CABINET, beige, light blue drawers, vgc, £10. TEDDY BEAR HEDGE, cultivated in large oak half bell planter, £85. 01702 298225.

CREAM ROLLER BLIND trim on bottom edge, buttoned with wooden rod, fit window 5ft 10in wide, 4ft drop, can be cut to size, £15. MEDIUM WOOD CURTAIN POLE, extra rings & round end knobs, 6ft 6in long, £15. Tel: 01277 6254968.

THREE SEATER SETTEE by Coopers, terracotta & gold, must be seen, comfortable chenille fabric, armchair and two seater settee also available separately, buyer collects, £40only. Tel: 01268 751664.

CHINESE RUG beautiful genuine, handmade, oval, 9ft x 6ft, plus fringe, beige with multi colour floral design, buyer collects, £50. Tel: 01268 751664.

BLUERAY DVD PLAYER £25. ELECTRIC FOOT MASSAGER, £20. FLYMO GRASS TRIMMER, swivel head, hardly used, £30. TWO FLYMOS, £15 each. TWO SLEEPERS, £15 each. Tel: 01375 382367.

COFFEE TABLE medium wood, inlaid, 48in long x 28in wide, modern design, thick square legs, £100ono. 30 SOLID OAK KITCHEN UNIT DOORS, 32, various sizes, £30. Tel 01277 810854.

COFFEE TABLE medium wood, inlaid, 48in long x 28in wide, modern design, thick square legs, £100ono. 30 SOLID OAK KITCHEN UNIT DOORS, 32, various sizes, £30. Tel 01277 810854.

PUNCHBAG, £20. ROWING MACHINE £30. FOOT MASSAGER, £20. FLYMO STRIMMER, £30. SUPER FLYMOS, £20 each. BLUERAY DVD PLAYER, £25. Tel: 01375 382367.

LIVING ROOM CURTAINS each 8ft wide x 90in drop, fully lined eyelets, beige, pink, red & green floral design, made to order, costing £450, accept £60. Tel: 01268 692948.

Bargain Buys

GIRLS BRAND NEW DARK GREEN BLAZER chest 46, £25. BRAND NEW WORK BOOTS, size 9, fur lined, steel toe cap, £12. Tel 01375 679156.

BREADMAKER MACHINE brand new condition, instruction and recipes, genuine bargain, only £15. Tel: 01702 353150.

NURSERY FURNITURE mothercare Suffolk pine, consists wardrobe, changing cupboard, vgc, £50. Tel: 01702 312933 or 07939 158148.

SINGLE WOOD BED BASE easy erected, slatted base, shaped headboard & footboard, medium pine, gc, £40. Tel: 01277 624968.

LARGE SETTEE three seater, medium grey chenille, really exe cond, length 78in x depth 40in x height 34in, £95. Tel 07950 622375.

OFFICE CHAIRS black & chrome, padded, two, £20 each. SWIVEL CHAIR, black, £20. DYNAMIC KEEP FIT BIKE, vgc, £20. Tel 0208 5509199.

BED double, clean mattress, vgc, can deliver, £95. WASHING MACHINE, white, modern, 1yr old, vgc, can deliver, £95. Tel 01708 469127.

CLEAR GLASS & CHROME TV TABLE large, takes 42in plus TVs, two bottom shelves, 41in x 17½in x 20½in, £45ono. Tel: 01268 693459.

THREE SEATER CREAM LEATHER SOFA vgc, £50. TWO CAN CONSERVATORY CHAIRS, one swivel rocker, £25 the pair. Tel: 01702 522389.

SMART GLASS TABLE plus six chairs, scrolled legs, cream seats, £99. Tel: 01268 420627.

CHILDS RIDE-ON JEEP blue, rechargeable battery, suit 2-5yrs, gc, £75. Tel: 01375 373210.

TWO X TWO SEATER SOFAS one is sofabed, light brown buyer collects, £75. Tel 01268 426912 or 07986 563163.

TWO WHITE COTBEDS plus mattresses, one has drop down side, vgc, £50 each ono. Tel 07956 340384.

CAR SEAT Britax duo plus isofix, Marble colour, used by grandparents only, £40. Tel: 01268 765278

LOVELY MAHOGANY SWINGING CRIB £20. TWO & THREE SEATER LEATHER SOFAS, £120. Tel: 07904 918297.

NEW WORLD FREE-STANDING GAS COOKER white, hardly used, £95. Tel 01268 453229

4FT RELYON DIVAN BED & HEADBOARD gc, used guest room only, no delivery, £60. Tel 07946 703655.

LARGE SOLID OAK WARDROBE 4ft wide x 6ft tall, cost £800, accept £90. Tel 01268 424952

MOTHERCARE SWINGING CRIB NATURAL L41 x W20 x H33 inches £30ovno. Please call 01268 458691.

VACUUM CLEANER Hetty cylinder, used few times, as new. £50. Tel: 0208 5911381

DRYER ZANUSSI, 7kg, electronic sensor, as new, £80ono. Tel 01708 225639

FISHER PRICE JUMPEROO exe cond, £50. Tel: 01268 548096

FRIDGE FREEZER half & half, white, clean, vgc, £65, possible delivery. Tel 01708 453490.

SMALL PIANO gold medal, over strung, exe cond, £95. Tel 01708 470983.

BLUE LEATHER SETTEE armchair & footstool, very comfortable, £60. Tel: 01702 479244

DOUBLE OVEN electric, black Neff, gwo, plus gas top, £70ono. Tel: 0208 5294529

4FT RELYON DIVAN BED good condition. Buyer collects £60. Tel 07946 703655.

DISNEY PRINCESS DRESSING TABLE mirror & stool, vgc, £25. Tel: 01375 892251.

NEWHOME SEWING MACHINE, includes stand, as new, £75. Tel: 01708 476424.

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(Charity 269668)

WANTED
GOOD HOMES FOR RETIRED GREYHOUNDS
Ring Pat on
01708 551 689
Email: Pat@greyhoundhomer.co.uk
Web: www.greyhoundhomer.co.uk
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FOOTBALL PROGRAMMES WANTED
Local collector seeks especially pre-1970 items, Finals, European, England, Spurs, Arsenal, West Ham, Chelsea etc and whole collections.
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Calls cost £1.02 per min from a BT Landline, other networks may vary, calls from a mobile could be considerably higher.

CONDITIONS OF ACCEPTANCE FOR ALL ADVERTISEMENTS

Orders are accepted by the Publishers subject to the Standard Conditions agreed between the Newspaper Society and the Institute of Practitioners in Advertising. Save that:

1. Advertisements are accepted on the conditions that (a) descriptions relating to goods are accurate and in no way contravene the provisions of the Trade Descriptions Act 1968, and the Fair Trading Act 1973, and (b) the copy complies with the British Code of Advertising Practice. Advertisements offering credit or hire facilities must conform to the Consumer Credit (Advertisements) Regulations 1980.

2. 'Classified' Advertisers offering goods or service of a business, commercial or trade nature will, at the discretion of the Publishers, be deemed 'Trade Advertisers', and as such, must include their names in advertisements. A telephone number is an optional addition to these requirements and not an alternative.

To comply with the Business Advertisements (Disclosure) Order 1977, Trade Advertisers must make it clear that they are selling goods in the course of business either by content, format, size or place of the advertisement or by including words such as 'trade', 'dealer', 'agent', 'wholesaler', '(T)' etc. in the advertisement.

3. The Publishers accept no liability whatsoever for any loss or damage however caused arising out of:
(a) Any error, inaccuracy or omission in the printing or publishing of any advertisement;
(b) Any failure to publish an advertisement on the day / date or day / dates specified by the advertiser; or
(c) Any delay in forwarding or omission to forward replies to box numbers to the Advertiser.

4. The Publishers will endeavour to publish advertisements on the day / date or day / dates specified by the Advertiser but insertion days / dates cannot be guaranteed.

5. Where shrinkage of advertisement occurs for whatever reasons the advertisement will be charged to the nearest full centimetre. This will NOT apply to the full-page advertisements, which remain full pages even after shrinkage.

6. The Publishers reserve the right to reject an advertisement or to vary it in any way they deem fit, at any time before publication, whether or not the advertisement has already been accepted for publication.

7. Whilst every effort is made to minimise errors in advertisements, mistakes do sometimes occur. Advertisers or their agents should therefore check their advertisements and inform us of any errors immediately. Responsibility cannot be accepted for more than one incorrect insertion. Typographical or minor changes, which do not affect the value of the advertisement, do not qualify for republication or allowances.

8. All gross advertising rates (except classified lineage and semi-display) are subject to and include a 0.1% Advertising Standards Board of Finance surcharge, payable by the advertisers to help finance the self-regulatory control system administered by the Advertising Standards Authority.

9. All rates quoted are subject to VAT at the rate currently in force at the time the advertisement appears.

10. Should the rate for advertisements be altered the price for remaining insertions shall be revised accordingly or the publishers shall have the right to cancel the unexpired portion of the order.

11. The placing of an advertisement order will be deemed an acceptance of these conditions.

12. Account facilities are granted at the discretion of the Company.

13. All accounts must be settled within the terms agreed by the Company and the Customer.
(1) Should an advertiser be in breach of the agreed terms, the publisher shall be entitled to levy a 10% surcharge on the value of the whole debt in respect of accounts with terms of less than 30 days, and any discounts or commissions that had been allowed will be reclaimed.
(2) Regular monthly accounts that are in breach of the agreed terms will pay an interest rate of 6% above the current bank of England base rate for each month that the account is overdue and discounts or commissions that had been allowed will be reclaimed. Should Legal action be required the interest will be charged in accordance with the County Court Act 1984.

14. Where an advertiser instructs / appoints an advertising agent to act on their behalf, the advertiser will remain jointly and severally liable for payment in respect for an advertisement(s) should the appointed agent fail to pay. For the avoidance of doubt, the agent acts for the advertiser and not for the publisher with the agent being responsible for notifying the advertiser of this liability.

15. All queries must be notified, preferably in writing to the accounts department of the publisher within 7 days of the invoice date.

16. All digital services are maintained in partnership with the publishers' hosting service providers. Every effort is made to ensure the continuity of these services, but some occasional technical downtime beyond the publishers control may occur. The publisher and its associated companies shall be under no liability if the production and distribution of web services is delayed or prevented by any cause beyond the control of the publisher.

17. The Publisher may provide voucher copies for published advertisements in electronic form only subject to certain criteria. Further information is available on request.

18. The copyright of advertisements produced wholly or partially by the Publishers belong to the Publishers. Advertisers may not reproduce such advertisements without the Publishers' consent.

Box Numbers
Boxes are open for the receipt of bona fide answers and are not available for distribution of trade canvassing matter. Original testimonials, goods, cash, cash stamps or payments of any kind must not be enclosed. A box Number and postal address are charged as part of the advertisement, i.e. Box No., centre address. There is no charge for forwarding replies.
Box numbers alone are not available for use in 'Trade' advertisements, other than Employment and Business Opportunities.

Holiday & Travel Category
All advertising must contain the name of the advertiser, phone number alone are not permitted.

Data Protection
The service you have requested may require us to carry out a credit search at a credit-referencing agency, which will record the fact that a search has been made. We may need to share your information with other lenders and credit reference agencies. However, we will only use the information from these searches to make credit-granting decisions and, if necessary, for fraud prevention or tracing debtors.
Data controller will use your information for administration and analysis. We may share your information with other Tindle Group Newspaper companies or carefully selected third parties. We, or they, may send you details of other goods and services, which may be of interest to you. The information may be provided by letter, telephone or other reasonable means of communication. Calls may be recorded or monitored for training purposes.
Special conditions apply with regard to the advertising of adult services, which are outlined to all persons submitting such advertisements.

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Escort Agency
24/7
30 Minute Arrival
020 8361 7000
Call now for website details
New faces welcome:
07534 268 444

Essex Girlz
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07774 671 615
PLEASE CALL FOR WEBSITE DETAILS

VISITING GIRLZ 6pm to 6am

YOUNG ONES VISITING ESCORTS
7pm till 7am
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07702 388 028

ADX, Media PO Box 4504 M61 0GJ. Calls recorded & cost 36p per minute + network extras. Over 18s. We may send promo msgs. Helpline 0844 848 1304.

GLORIA, 33yrs always discreet in Walthamstow 5mins from tube all guys welcome pm&eves only. Txt GLORIA to 69996 for pics

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Yellow Classified

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ADULT INTERESTS

Calls cost £1.53 per/min at all times. TEXT 87070 cost £1.50 per message. Mobile call charges may vary. JMedia UK, London, SW4 7BX. wc ***250213***

Simply dial the number below the advert!

CUTE very curvy young girl, 18, WLTM romantic guy for lots of fun and loving. Looks/status unimportant. **Tel No: 0906 500 6358 Box No: 366699**

SLIM attractive fabulous and 40, loyal loving and extremely lonely, seeking man with a bit of get up and go! Status/nationality unimportant. **Tel No: 0906 500 6358 Box No: 358605**

CONFIDENT female, intelligent, cultured, attractive, very solvent, looking for happy gent who will let me look after him. Looks unimportant. **Tel No: 0906 500 6358 Box No: 361375**

EMMA 31, OHAC, dark hair/eyes, very outgoing and social, fit looking for rough and ready, laidback fella for fun times. **Tel No: 0906 500 6358 Box No: 400801**

JACKIE 39yr old attractive busty lady looking for no strings adult fun. If you are wanting similar what are you waiting for, give me a call. **Tel No: 0906 500 6358 Box No: 400453**

MANDY early 40's, slightly alternative, looking for similar open minded male for fun nights in/out. Can accommodate. **Tel No: 0906 500 6358 Box No: 361727**

LINDA its true if you can't love the one you want, love the one you're with! Attractive lonely and looking for discreet male. **Tel No: 0906 500 6358 Box No: 400495**

SARA 29, beautiful slim brunette, dark eyes, WLTM tall honest male for exciting nights out and cosy nights in. Looks unimportant. **Tel No: 0906 500 6358 Box No: 337359**

SENSUAL tactile, attractive female, long blonde hair, blue eyes, loves travel, wining/dining, WLTM genuine male for mutual companionship. Looks unimportant. **Tel No: 0906 500 6358 Box No: 368887**

KIM slim brunette with lovely blue eyes and great figure looking for confident male friend with benefits. Age/status unimportant, pls call. **Tel No: 0906 500 6358 Box No: 400805**

CAROL looking for fun times with gent 50-70yrs with many interests and a real zest for life. Discretion assured/expected. **Tel No: 0906 500 6358 Box No: 400499**

JANINE petite cute female who loves meals in/out, romantic strolls, WLTM interesting appreciative, independent man for ltr. **Tel No: 0906 500 6358 Box No: 400803**

JULIE 30's female looking for some much needed tlc with similar laidback male. Likes nights in/out, socialising, romance etc, call me. **Tel No: 0906 500 6358 Box No: 400487**

KARINA 30's female looking for love! Slim, blue eyed and very attractive, seeking non timewasting male for adult companionship. **Tel No: 0906 500 6358 Box No: 401457**

ATTRACTIVE sensitive female looking for genuine relationship with manly male who will look after me on both an emotional and physical level. **Tel No: 0906 500 6358 Box No: 358257**

LOVELY tall slim nurse, very caring and fun but missing that va-va-voom! Seeks adventurous male who's up for fun times. **Tel No: 0906 500 6358 Box No: 374159**

FULL time vacancy arisen for open minded male seeking uncomplicated relationship with slim professional 39yr old female with wicked sense of humour. **Tel No: 0906 500 6358 Box No: 374157**

DEE buxom brown hair blue eyed naughty exhibitionist, looking for fun times with extremely broadminded man. Any age/looks/status. ACA. **Tel No: 0906 500 6358 Box No: 375145**

KEELY blonde 18yr old, blue eyes size 10, busty, stays at home too much and looking for causal fun with older male with OHAC. **Tel No: 0906 500 6358 Box No: 385377**

DEBBIE attractive young looking divorced female, seeking male who wants but does not need a special someone in their life, single dad welcome. **Tel No: 0906 500 6358 Box No: 390077**

LYNN 37 single mum, petite slim and very pretty, seeking caring funny guy to be with and become my Mr Wonderful. Dads welcome. **Tel No: 0906 500 6358 Box No: 386633**

BARBRA stylish feminine professional, many interests, social, good natured, looking for trustworthy male for good company and romance. **Tel No: 0906 500 6358 Box No: 375151**

CAROL 39yrs attractive slim brunette just looking for genuine caring man for romance, meals in and maybe more. Any age. **Tel No: 0906 500 6358 Box No: 375575**

TINA fit single tall slim blonde female 27, loyal, sincere, looking for friendship hopefully leading to LTR. Single dads welcome. **Tel No: 0906 500 6358 Box No: 388107**

DIVORCED single mum 33 looking to put a bit more fun back into life with likeminded male. Pls call, ACA. **Tel No: 0906 500 6358 Box No: 370105**

MICHELLE seeking nice man for fun times. **Tel No: 0906 500 6358 Box No: 401655**

STUNNING full figured blonde nurse, 32, funny and romantic, WLTM uncomplicated, reliable male, 50-65yrs for companionship and more. **Tel No: 0906 500 6358 Box No: 369221**

SHARON 33, slim blonde, blue eyes outgoing, attractive, looking to put some much needed fun back into life, seeks male 30-45yrs. ACA. **Tel No: 0906 500 6358 Box No: 383047**

JULIETTE blonde blue eyed lady who loves to have fun and enjoy life, seeking similar passionate guy to let my hair down and have some serious fun with. **Tel No: 0906 500 6358 Box No: 381725**

HI I'm Jane a 40yr old divorcee with 3 children, looking to fall in love again, seeks genuine, confident, very tactile male. **Tel No: 0906 500 6358 Box No: 386643**

HONEST sincere affectionate, beautiful, sensual Italian female, seeks passionate male up to 65yrs for adult companionship. Single dad welcome. **Tel No: 0906 500 6358 Box No: 384015**

SAMANTHA very attractive slim single 30yr old sensual brunette, WLTM sincere male 40+ serious about meeting someone special for fun and more. **Tel No: 0906 500 6358 Box No: 375147**

ATTRACTIVE slim lady, striking green eyes, long blonde hair, likes animals, nights in/out, WLTM experienced male for fun friendship/relationship. **Tel No: 0906 500 6358 Box No: 371573**

JAN 35yr old blue eyed blonde, outgoing, friendly, WLTM passionate guy to share good wine, good conversation, flirting and fun times. **Tel No: 0906 500 6358 Box No: 368383**

If you like the sound of an advert - then see their picture on your mobile!

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WOODFORD BRAVE MUD

Cross Country

With freezing conditions it was not the most attractive of expeditions to the northern wastes of Sunderland fRt the National Cross Country Championships.

Woodford were unlucky in the lead-up to the race losing Darren Southcott to a job interview in Switzerland and Angus Holford to tonsillitis. Barring accidents, it was easy to predict five of the scoring six, but who would close the team was more open.

The men's race was the 10th of the day on a course that had been churned through and re-churned to the point where finding a metre of firm going was a rarity amongst the thick, deep, wet, cold mud.

Team manager, Terry McCarthy, had found it difficult to drum up interest in this race, the Sunderland venue not being the most popular.

Martyn Cryer, leading the Ken Bray Trophy consistency ranking this winter, set himself his usual targets of "gold, silver and bronze", being in this case top 40, 50 and 60.

At the halfway mark he was roughly on track, but one tough bend where he almost fell and lost half a dozen positions set off a negative chain reaction in which, in his words, "I was beaten by the mud".

Bertie Powell ran last week's Southern while ill, and was only recovering at the tail-end of this week. He said pre-race he would be happy with top 200 but he ran far better and almost caught Cryer with a mile to go before finishing 10 seconds down in 132nd place.Woodford's 21st place was well down on the performances of recent years.

The club were 10th Southern club but it was notable that only 18 clubs from the Southern region closed 6 men! Just 3 Essex clubs did so - apart from Woodford there were Newham in 7th and Eton Manor in 72nd. Woodford were also one of just 37 clubs to close 9 men, finishing 22nd.

Team Manager Terry McCarthy underlined the club's philosophy that "It's the National - we have to represent the club in the National, however strong our team may be.

"It's sport and we shall take the rough with the smooth. And all this mud and shivering - it's part of what makes the National such a great event."

Four Woodettes made the journey north for the Senior Women's fixture; while two others contested the Junior Women's fixture.

LEARNING PROCESS: Martyn Cryer

Rugby Union

Bobby tribute on night to forget for Hammers

West Ham 2 Tottenham Hotspur 3

West Ham managed to snatch defeat from the jaws of victory on Monday evening after taking the lead in the London derby game against Tottenham Hotspur at Upton Park.

Garath Bale continued his astonishing run of form with a brilliant last-gasp winner to make the final score 3-2 and lift Spurs into third place in the Premiership table while the Hammers dropped to a worrying 14th.

Bale had put his team ahead before an Andy Carroll penalty and a second half strike by Joe Cole, his second goal since returning to the club, had put West Ham in the driving seat.

Jussi Jaaskelainen was giving a goalkeeping masterclass in the Hammers' area and the hosts really should have wrapped the game up, but having been put clean through Matt Taylor saw his shot blocked by the outrushing Lloris.

West Ham boss Sam Allardyce said later: "When you're one-on-one with the goalkeeper you've got to score."

" I don't think Tottenham would have come back from that."

Spurs refused to lie down but a Gulfi Sigurdsson equaliser looked to have assured that the points were at least to be shared – until Bale stepped up in stoppage time to unleash a stunning strike into the top corner from 30 yards, sealing victory for Tottenham and leaving West Ham to wonder how they had come out of the game with nothing.

The teams were led out on the night by the grandchildren of legendary West Ham and England skipper, Bobby Moore, on the 20th anniversary of his death.

Solomon takes silver medal

CANAAN Solomon took silver medal for Woodford Green Athletics Club in the under 15 boys race at the South of England Cross Country Championships at Parliament Hill.

Solomon was only four seconds behind surprise winner Alex Hampson (Nene Valley Harriers) and the same as his own advantage on Herne Hill's Ed Olsen in third.

Behind Solomon in the places stakes came Ed Shepherd (U20M) who finished just outside the medals in fourth place, 10 seconds down on the bronze medallist in the 8km race – a fine effort in his first winter with the club.

Jessica Burgess's good form continued as she impressed again with an excellent ninth in the U17W event; team-mate Amelia Barrett was 56 seconds back in a fine 18th place with Steph Smith picking up 97th.

Sidnie Sales was Woodford's sole representative in the U20W coming 11th in a field where Emelia Gorecka (AFD) outclassed the rest in winning by 24 seconds and had crossed the line before the third placed runner had appeared at the top of the last hill.U13G Isabella Hoy was disappointed with her 14th place but with the first 55 runners all within 90 seconds of the winner any hint of being off colour can easily mean a difference of 10 places – certainly, the conditions did not favour her.

For the U15G, Rosie Poole (24th) and Jodi Ratcliff (35th) had impressive runs and they were well supported by Alicia McArdell (66th) just 36 seconds behind Ratcliff.Woodford's sole complete team (U15B) finished 21st overall with Harry Cavell (167), Loren Alleyne (184) and Taylor Reece (186) to back up Solomon's second place.

TEAMWORK: Taylor Reece, Loren Alleyne, Harry Cavell and Canaan Solomon

Picture by Alistair Holford

Romford girls narrowly miss out on glory

Futsal

ROMFORD'S Frances Bardsley School for Girls narrowly missed out on second place in the Essex County FA under 16s futsal competition.

Six boys teams and five teams of girls took part in the county stage of the competition at the The College in Braintree with Sandon School, Chelmsford, and St Martin's from Hanging Hill Lane, Hutton, heading to the next stage at Gosling Park Sports Centre, Herts, in June.

Sandon won the boys' category ahead of runners-up Shenfield High, while St Martin's won all four of their games in the girl's tournament, with debutants Maltings Academy from Witham finishing runners-up ahead of Frances Bardsley School for Girls by goal difference.

Futsal differs from regular five-a-side, with differences such as marked lines rather than rebound boards, meaning the ball can go out of play, and focuses on closer ball control, touch and technique.

Athletes tackle the great indoors

Athletics

The indoor season continued for Woodford athletes, with the England Age Group Championships in Birmingham and the BUCS Championships at Sheffield.

Performances from Birmingham were led by a gold medal from Matt McLaughlin and a silver for Youcef Zatat, and from Sheffield a gold from Tom Phillips and a silver for Alex Cornwell.

Mclaughlin, who has enjoyed such a significant breakthrough over 1500m this indoor season, stepped down to 800m for the England U/20 Championships, and showed great form as he won in 1m50.59 secs.

In the U/20 shot, Youcef Zatat made a big improvement to his personal best with a distance of 17.20m to take silver.

Tom Phillips' gold medal from Sheffield came over 1500m where he recorded 3m56.75 secs, and Alex Cornwell's silver was over 3000m losing out in a tight finish to James Thie with 8m40.24 secs, having recorded 8m22.92 secs in his heat.

Joy hopes for happy selection news

Hockey

A WALTHAM Forest Hockey Club player is waiting to hear whether he has made the East region squad of 18 for the regional championships in May.

Gary Joy attended the finals session for the East region and took part in 3x30 minute games in a sport which he only took up in 2007.

Since then he has progressed through the club's sides, captaining the men's fourth, third and mixed team.

He has played as high as the men's seconds and has completed his L1 coaching qualification, and is supporting the new youth section at the club.

HOPEFUL: Gary Joy

Getting in touch with organisers of the East over 50s trials, he was invited last November for a trial session at Cambridge University.

Off the back of this, he was not only invited back to the second trials date yesterday, but was also asked to represent Essex in the semi-finals of the regional competition.

He played the entire game which finished 2-2 but unfortunately Essex went out in the resulting penalty flicks.

Now Gary is waiting to hear if he has been called up for the regional championships at Beeston in May.

He said: "It was a fantastic experience and to play representative sport, for the first time in my life was an amazing and proud moment. I'd never have thought it was possible and am so proud to have represented the club in this fashion.

"I'd like to thank all the coaches and players at the club that have helped me over the years and still can't quite believe I've represented my county."

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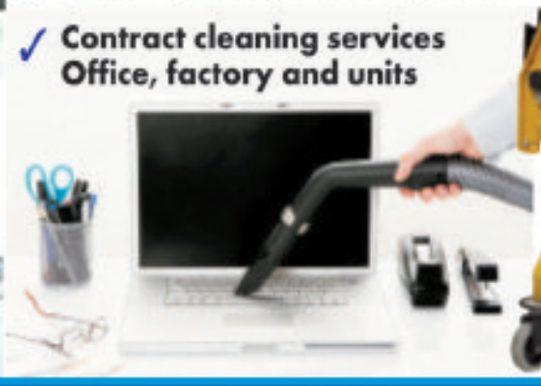

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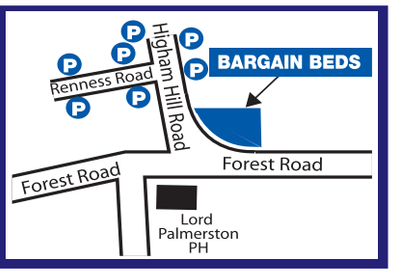

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